

NMSHA 2021

SPRING CONFERENCE

Saturday, April 17, 2021 Virtual Event

LET ETIOLOGY BE YOUR GUIDE: PEDIATRIC FEEDING AND SWALLOWING

A presentation by three practicing Speech-Language Pathologists who specialize in pediatric feeding disorders.

Abstract:

This course will provide information specific to pediatric feeding and swallowing, focusing on newborns to 24 months of age. Specific focus will be given to the importance of identifying the etiology behind the dysphagia as this is essential to diagnosis and guiding intervention. Specific etiologies will include, cardiac, gastrointestinal, respiratory, neurological, and structural complications. Evaluation and treatment in infants with complex medical needs will be discussed. A case study will illustrate the complexities of these infants from NICU to early intervention and outpatient services. Instrumental evaluations will also be reviewed. An overview of intervention strategies will be provided.

Objectives:

1. Describe normal anatomy and physiology of pediatric feeding and swallowing.
2. Identify common etiologies and their impact on swallowing in the medically fragile pediatric population.
3. Identify red flags for dysphagia and when to refer for instrumental evaluation in complex medically fragile pediatric population.
4. List therapy strategies for pediatric dysphagia guided by etiology and symptoms.

Bios

Andrea Martinez-Fisher, M.S., CCC-SLP has been a licensed and practicing SLP for 15 years and has a variety of clinical experience ranging from preterm infants to geriatric. She earned a Bachelor of Arts degree in Speech Language Pathology at the University of New Mexico and a Master of Arts degree at Temple University in Communication Disorders.



Andrea currently works at the University of New Mexico graduate school in Speech Language Pathology as a clinical instructor, PRN at Presbyterian Hospital in NICU/PICU/pediatrics, and as a community based SLP in early intervention. Andrea specializes in serving the medically fragile population, specifically related to feeding and swallowing. She is passionate about mentoring clinicians interested in pediatric dysphagia.

Financial disclosure: Employed by the University of New Mexico, Presbyterian Hospital and Inspirations, LLC. Andrea is not receiving any payment for speaking at this conference.

Non-Financial Disclosure: Andrea serves as a community ambassador for Feeding Matters. This is a non-subsidized appointment. Andrea also serves at the Co-President the New Mexico Speech and Hearing Association.

Anne Hazelwood, M.S, CCC-SLP has been practicing Speech Pathology for 13 years. She graduated with a BA in English Literature from Mount Holyoke College in 2003, and received a Master's Degree in Communication Sciences and Disorders from the MGH Institute of Health Professions in 2007. She has focused on dysphagia evaluation and treatment since graduation, primarily in acute care. Anne currently works as a neonatal and pediatric therapist at Presbyterian Hospital in Albuquerque.

Financial Disclosure: Salary from Presbyterian Hospital. Anne is not receiving any payment for speaking at this conference.

Non-Financial Disclosure: Anne became interested in focusing on neonatal and pediatric feeding disorders after the birth of her 29-week-old infant in 2013. Her now 7-year-old son was diagnosed with Eosinophilic Esophagitis in 2015 and

received a G tube at that time. Her practice will forever be impacted by being a parent of a feeding disordered child.

Celestina Martinez, MS, CCC-SLP has been a Speech Language Pathologist in the acute care setting for 8 years. She received her BA in Speech and Hearing Sciences and Master of Science in Speech Language Pathology from the University of New Mexico. Celestina works at Presbyterian Hospital and has experience in the evaluation and treatment of dysphagia in both the acute care and outpatient settings treating patients from birth to the elderly. For the past 6 years she has specialized in the area of pediatric and NICU feeding and swallowing. She became a Certified Neonatal Therapist in 2019 and is General Movement Assessment certified.

Financial disclosures: Celestina receives a salary from Presbyterian Hospital. She is not being compensated for speaking at this conference.

Non-financial disclosure: Celestina is the Co-President of the New Mexico Speech-Language Hearing Association and a member of the National Association of Neonatal Therapists.

APPROVED PROVIDER

AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

The New Mexico Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for .7 ASHA CEUs (Intermediate Level, Professional area)

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REGISTRATION FEES

NMSHA Member	\$75
Non-NMSHA Member	\$125
Student	\$40



PRESENTATION AGENDA:

Normal Anatomy and Physiology of Infant and Toddlers-Swallowing	8:00-8:50 am
Break	8:50- 9:00 am
Video-Fluoroscopic Swallow Study Exam	9:00- 9:50 am
Break	9:50-10:00 am
Cardiac deficits	10:00-10:50 am
Break	10:50-11:00 am
Gastrointestinal considerations	11:00-11:50 am
Questions	11:50-12:00 pm
Lunch	12:00-1:00 pm
Structural anomalies	1:00-1:50 pm
Break	1:50-2:00 pm
Neurological issues	2:00-2:50 pm
Break	2:50-3:00 pm
Respiratory compromise	3:00-3:50 pm
Break	3:50-4:00 pm
Case Study Discussion/Questions/Wrap up	4:00-5:00 pm

